

25 November 2014

SENSES AUSTRALIA SUPPORTING CLIENTS TO CONNECT WITH THEIR COMMUNITY

On Saturday, 29 November 2014 Senses Australia clients, their families and support staff will take to Burswood Foreshore to walk 6.5 kilometres as part of Social Inclusion Week 2014.

Holly Coopes, Senses Australia's Coordinator Adult Services and Senior Physiotherapist says the aim of the walk is to encourage clients to participate, have fun together and connect socially.

"We had a group of clients participate in the HBF Run for a Reason earlier this year and their feedback about taking part in the walk was very positive. We wanted to encourage all of our clients to do something similar and invited them, their families and support staff to take part in a walk to help them connect with others and our community.

"It's a great way for friendships to be renewed or started. Walking around the river is such a beautiful activity and it is a great way to challenge oneself as the distance is quite substantial for some people," says Holly.

Senses Australia's clients who take part in the walk will be supported by a number of Senses Australia staff who will be present to assist clients as needed.

"We are really looking forward to this walk and encouraging our clients, while supporting them to connect with others and our community," says Holly.

Senses Australia is celebrating Social Inclusion Week 2014 from Saturday, 22 November 2014 to Sunday, 30 November 2014. The 2014 theme for this national week is 'Collaborate, Connect and Celebrate'.

To find out more about how Senses Australia supports the Western Australian community and provides support services to people of all ages with disability or to people who are deafblind visit www.senses.org.au or call 9473 5400.

Ends.

Media Contact

Claire Rowe, Public Relations and Social Media Coordinator, Senses Australia
Mobile – 0418 544 032
Email – claire.rowe@senses.org.au

